

## **VIOLENCE IS NEVER OK**

Why is it that this headline is a no brainer yet we still have people with no brains who inflict harm on others.

I have been absolutely sickened by three incidents in the last week;

A woman in Cowes lost her life after fearing for her safety for some time. She had her parents move in with her and her friends and colleagues were aware of her fear. I cannot imagine what she went through nor the impact on those left behind and the wider community. Samantha Fraser was a well-loved Daughter, Mother, Friend and Colleague.

Vision appeared on the news of a man innocently walking along a footpath in Frankston minding his own business when a gutless thug walking toward him decided to king hit him, totally unprovoked.

In our own town one of our ex-students tried to break up a fight that was occurring late last Friday night. He was not prepared to be a bystander (which I applaud) but ended up seriously injured anyway.

Unfortunately these incidents are not isolated or a coincidental cluster of events. They are reported day in day out.

As a male I often feel part of the problem. I say this because honestly I hear of these incidents and it makes me sad and angry. To the point I wish those perpetrators physical harm.

I guess I am no different to them. If in my head I think some people deserve to be hurt while others do not, am I no different to them, other than how I am able to control my feelings.

What makes a good person? How can we continue to become better people and influence our young students to grow in to good people?

Society needs help. Society needs hope.

For anyone living in fear please speak up, please seek help.

**1800RESPECT**